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womanhood, where we are counselled to regular habits, exercise, fresh air, rational diet, moderation in the use of tea, coffee, alcohol, etc., the duty of preventive measures such as vaccination, and of good citizenship—giving the best we can to life and getting the best we can out of it until we come to old age and death. These phases of life are fancifully and gracefully designated as “Dawn, Morning, Midday, Twilight, and Night.” Each period is prefaced with a quotation, as, for instance, “Morning” has:

“Thou hast no heavy thought or dream
To cloud thy fearless eye;
Long be it thus—life’s early stream
Should still reflect the sky.”

Or again in the preface to “Midday” we find a challenge to heredity and environment to do their worst, we may still defy them.

“It matters not how straight the gate,
How charged with punishment the scroll;
I am the master of my fate,
I am the Captain of my soul.”

One might wish that the book contained more positive teaching. The author recognizes and points out the lack of appreciation of duty which many parents show; then again he is vague when he speaks of the rights of the adolescent child, girl or boy, to instruction on sex questions. Fathers and mothers continue to shirk their duty in this respect and it would seem that the author had not quite as strongly as the occasion allowed insisted on the responsibility that parents are under to allow no one else to instruct children in these matters.

THE CARE AND FEEDING OF CHILDREN. A Catechism for the use of Mothers and Children’s Nurses. By Emmett Holt, M.D., LL.D., Professor of Diseases of Children in the College of Physicians and Surgeons, Columbia University; Attending Physician to the Babies’ Hospital and Foundling Hospital, New York City. Fifth Edition. New York and London, D. Appleton and Company. Price 75 cents.

The fifth edition of our old friend the quiz on “Care and Feeding of Children” does not differ from the earlier appearance of the book to any great extent. There is, of course, new matter which appears particularly in the chapter on infant feeding. Like the earlier editions the book sticks closely to the child in health and does not at all enter into the nursing of sick children. It is, however, a book that every nurse does well to keep at hand.